



Second Step Year 6 Guidelines

In order to ensure all staff have a solid foundation in the importance of Second Step SEL, and best practices for Second Step implementation, we encourage all teachers (including Year 6 teachers) to complete the K-5 online training.

The format of the Year 6 program differs slightly to Kindergarten-Year 5, so in addition to completing the K-5 online training, we encourage Year 6 teachers to watch the following 2 videos from the Year 6 training modules to assist with navigating these differences:

- Module 2 2.1 Curriculum Format (2:55)
 and
 2.4 Lesson Exploration (3:07)

The digital version of the Year 6 lesson scripts can be found [here](#).

Year 6 Scope and Sequence alternatives:

As outlined in the scope and sequence, the Year 6 Second Step program contains lessons centred around Bullying Prevention (Lessons 6 & 7) and Substance Abuse Prevention (Lessons 12, 13, 14 & 15). We encourage individual schools to determine whether these lessons are appropriate for their cohort of students. If necessary, these lessons may be omitted, however we strongly encourage that all other lessons for Empathy & Communication, Emotion Management and Problem Solving are taught in the order in which they appear so that students can effectively build upon these skills.

Each of the lessons in the Second Step Year 6 curriculum provide teachers with the option of teaching the whole lesson in one session approximately 50 minutes in length, or dividing the lesson into two parts, each approximately 25 minutes in length. If dividing the lesson into 2 parts, a pre-determined stopping point is provided within the lesson scripts.

In Lesson 1 & 2, there is mention of the concept of starting a new at Middle School, students' hopes and plans and strategies for making new friends.

Since many Year 6 students will have already been at the school for several years, teachers are encouraged to reframe this as an opportunity for students to begin their role as school leaders and making plans for their hopes in their final year of primary school. Lesson 2, which addresses making new friends is a good lesson to reteach towards the end of the year as students prepare to transition to high school.