

SCOPE AND SEQUENCE

Bullying Prevention Unit for Kindergarten–Grade 5

Kindergarten–Grade 3

Concepts

Objectives—Students will be able to

Introductory Lesson
Class Rules

Rules help everyone feel safe and respected

Identify safe and respectful actions and words that help them follow the class rules

Connect following class rules with helping everyone feel the way they want to feel in class (Grade 3 only)

Lesson 1
Recognising Bullying

Bullying is mean or hurtful behaviour that keeps happening

Identify bullying

Bullying is not safe, respectful, or kind, and it is against the rules

Recognise bullying in response to scenarios

Recognising bullying is the first step in getting it to stop

Lesson 2
Reporting Bullying

When you haven't been able to get mean behaviours to stop, you should tell a caring adult

Identify caring adults to talk to about bullying or mean behaviours

If you practice reporting bullying, it's easier to report bullying when it really happens

Differentiate between tattling and reporting

Reporting is an assertive behaviour (Grade 3 only)

Demonstrate how to report bullying

Lesson 3
Refusing Bullying

You can refuse to let bullying happen to you or to others

Recognise bullying

Being assertive helps when you're refusing bullying

Apply assertiveness skills to refuse bullying in response to scenarios

Lesson 4
Bystander Power

Bystanders are people who see or know about bullying happening to others

Define "bystander"

There are things bystanders can do to help stop bullying

Demonstrate ways that bystanders can help stop bullying in response to scenarios

Bystanders can also refuse to let bullying happen (Grade 3 only)

Grades 4–5

	Concepts	Objectives—Students will be able to
<p>Introductory Lesson</p> <p>Class Rules</p>	<p>Being a respectful student helps everyone stay safe and be better learners</p> <p>Being a responsible student helps create a calm, focused classroom climate where everyone can learn</p>	<p>Identify actions and words that are respectful and responsible</p> <p>Demonstrate ways to be respectful and responsible</p>
<p>Lesson 1</p> <p>Recognise, Report, Refuse</p>	<p>Bullying is mean or hurtful behaviour that keeps happening; it is unfair and one-sided</p> <p>Adult intervention is often required to end bullying effectively</p> <p>Refusing bullying means to use words or actions to stop bullying</p> <p>Being assertive is one way to refuse or stop bullying</p>	<p>Understand that bullying is different from conflict</p> <p>recognise and identify different types of bullying behaviours</p> <p>Understand you can refuse bullying in different ways</p> <p>Demonstrate assertively reporting and refusing bullying</p>
<p>Lesson 2</p> <p>Bystander Power</p>	<p>Bystanders are people who see or know about bullying happening to others</p> <p>Witnessing bullying can trigger uncomfortable feelings</p> <p>There are many ways bystanders can help stop bullying</p>	<p>Define bystander</p> <p>Identify ways bystanders can help stop bullying</p> <p>Identify different ways bystanders can support someone being bullied</p>
<p>Lesson 3</p> <p>Bystander Responsibility</p>	<p>Bystanders have a responsibility to help stop bullying</p> <p>Bystanders can choose to either help stop bullying or become part of the bullying problem</p>	<p>Understand how bystanders can be part of the bullying problem</p> <p>Understand that helping stop bullying is the right thing to do</p> <p>Decide on and practice positive bystander responses to bullying</p>
<p>Lesson 4</p> <p>Bystanders to Cyber Bullying</p>	<p>Cyber bullying is bullying using electronic technology</p> <p>There are similarities and differences between cyber bullying and other forms of bullying</p> <p>Bystanders can do things to help stop cyber bullying</p>	<p>Recognise and identify different ways of cyber bullying</p> <p>Understand that cyber bullying can be even more harmful than other types of bullying</p> <p>Demonstrate ways to support and/or stand up for a person being cyber bullied</p>